



HEART AND MIND
 The Four Gospel Journey for Radical Transformation
 Alexander John Shaia with Michelle L. Gaugy
 Morning Star Publishing
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In Heart and Mind, Dr. Shaia gives us back our central sacred text—the four gospels—not as conflicted and faulty historical records, but as a vibrant, luminous path of transformation. He reveals The Four Gospel Journey as a living guide, re-centering human life on wisdom, compassion and service, rooted in a mystical relationship with Christ. And the potential for this living guide is already becoming manifest, as individuals, groups and entire communities are using it all over the world, and the word is spreading.

+ **Marc Andrus**,
 Episcopal Bishop of California

This book enriches prayer. Every word is delicious.

Mpho Tutu, author,
 Director of the Desmond and Leah Tutu Legacy Foundation

A book which will change the way people look at the gospels entirely, and I'm not just talking about Christians.

Lauren B. Davis, novelist,
 author of *Our Daily Bread*

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Cath Connelly,
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In a rapidly changing world many people are rejecting ideas about God and faith and religious institutions. Heart and Mind is a compelling invitation to give these ideas another chance.

John Stewart,
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